



M.Sc Osteopathy Course Structure 2020

1st SEMESTER

PAPER 1: Introduction to Osteopathy (Paper code - MSOP101 / Credit points - 4)

- Unit 1 - INTRODUCTION TO OSTEOPATHY - PRINCIPLES OF FUNCTIONAL, MOBILISATION, MET, AND LISTENING TECHNIQUES.
- Unit 2 - INTRODUCTION TO THE PRIMARY RESPIRATORY MECHANISM
- Unit 3 - GENERAL OSTEOPATHIC TREATMENT

PAPER 2: Musculoskeletal 1 (Paper code - MSOP102 / Credit points - 4)

- Unit 1 - PELVIS
- Unit 2 - DIAPHRAGM
- Unit 3 - LOWER LIMB

PAPER 3: Cranial 1 (Paper code - MSOP103 / Credit points - 4)

- Unit 1 - CRANIAL OSTEOPATHY 1: SPHENOBASILAR SYNCHONDROSIS
- Unit 2 - CRANIAL OSTEOPATHY 2: FRONTAL, ETHMOID, AND PARIETAL BONES

PAPER 5: Embryology (Paper code - MSOP104 / Credit points - 2)

PAPER 6: Biomechanics (Paper code - MSOP105 / Credit points - 4)

2nd SEMESTER

PAPER 1: Musculoskeletal 2 (Paper code - MSOP201 / Credit points - 4)

- Unit 1 - PRINCIPLES OF HVLA, STRAIN-COUNTERSTRAIN, DTM AND TRIGGER POINTS
- Unit 2 - UPPER LIMB
- Unit 3 - LUMBAR SPINE

PAPER 2: Cranial 2 (Paper code - MSOP202 / Credit points - 4)

- Unit 1 - CRANIAL OSTEOPATHY 3: RECIPROCAL TENSION MEMBRANE
- Unit 2 - CRANIAL OSTEOPATHY 4: TEMPOROMANDIBULAR JOINT

PAPER 3: Visceral 1 (Paper code - MSOP203 / Credit points - 4)

- Unit 1 - INTRODUCTION TO VISCERAL OSTEOPATHY
- Unit 2 - ESOPHAGUS, STOMACH AND DUODENUM
- Unit 3 - LIVER, GALLBLADDER, PANCREAS AND SPLEEN

PAPER 4: Research Methodology and biostatistics (Paper code - MSOP204 / Credit points - 4)

PAPER 5: Biomechanics (Paper code - MSOP205 / Credit points - 4)

PAPER 6: Clinical practice - 150 hours

3rd SEMESTER

PAPER 1: Musculoskeletal 3 (Paper code - MSOP301 / Credit points - 4)

- Unit 1 - THORACIC SPINE
- Unit 2 - RIBS
- Unit 3 - CERVICAL SPINE: C3-C7
- Unit 4 - MYOFASCIAL TECHNIQUES

PAPER 2: Cranial 3 (Paper code - MSOP302 / Credit points - 4)

- Unit 1 - CRANIAL OSTEOPATHY 5: THE FASCIAL COMPLEX
- Unit 2 - CRANIAL OSTEOPATHY 6: VENOUS SINUSES AND BRAIN VENTRICLES

PAPER 3: Visceral 2 (Paper code - MSOP303 / Credit points - 4)

- Unit 1 - COLON AND SMALL INTESTINES
- Unit 2 - RESPIRATORY SYSTEM AND HEART

PAPER 4: Integration (Paper code - MSOP304 / Credit points - 4)

- Unit 1 - MUSCULOSKELETAL, VISCERAL AND CRANIAL INTEGRATION
- Unit 2 - SAFETY CONSIDERATIONS AND CONTRAINDICATIONS
- Unit 3 - CASE PRESENTATIONS

PAPER 7: Clinical practice - 250 hours

4th SEMESTER

PAPER 1: Musculoskeletal 4 (Paper code - MSOP401 / Credit points - 4)

- Unit 1 - CERVICAL SPINE: C0-C2, HYOID BONE
- Unit 2 - FOOT
- Unit 3 - ADVANCED MUSCULOSKELETAL TECHNIQUES

PAPER 2: Cranial 4 (Paper code - MSOP402 / Credit points - 2)

- Unit 2 - CRANIAL OSTEOPATHY 7: BIODYNAMICS

PAPER 3: Visceral 3 (Paper code - MSOP403 / Credit points - 3)

- Unit 1 - REPRODUCTIVE SYSTEM
- Unit 2 - URINARY SYSTEM

PAPER 4: Osteopathic Paediatrics (Paper code - MSOP404 / Credit points - 2)

- Unit 1 - INTRODUCTION TO PAEDIATRICS OSTEOPATHY

PAPER 5: Integration (Paper code - MSOP405 / Credit points - 4)

- Unit 1 - MUSCULOSKELETAL, VISCERAL AND CRANIAL INTEGRATION
- Unit 2 - INTEGRATION OF THE THREE DIAPHRAGMS
- Unit 3 - CASE PRESENTATIONS

PAPER 6: Thesis (Paper code - MSOP406 / Credit points - 6)

PAPER 7: Clinical practice - 250 hours

INTERNSHIP

Clinical practice - 350 hours