



# THE TIMES OF INDIA

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## Meditation class at SS university

**Bhubaneswar:** Bhanumathi Narasimhan, sister of Sri Sri Ravi Shankar and author of the bestseller biography, 'Gurudev: On the Plateau of the Peak: The Life of Sri Sri Ravi Shankar', will pay a three-day visit to Sri University (SSU), Cuttack, Odisha from December 18 to 20, a press release said. During her visit, she will be conducting a meditation programme and knowledge sessions. The Sahaj Samadhi Meditation programme will be conducted from 7am to 9am and in the evening from 5.30pm to 7.30pm during her visit. On December 20, she will grace a public satsang followed by knowledge session at Sri Sri University, TNM



THE NEW

# SUNDAY EXPRESS

BHUBANESWAR • SUNDAY • DECEMBER 16, 2018 • ₹7.00 • PAGES 28 • LATE CITY EDITION

***Bhanu Didi to  
visit Sri Sri  
University***

Athagarh: Bhanumathi Narasimhan, fondly known as Bhanu Didi, sister of Sri Sri Ravi Shankar and author of bestseller biography, 'Gurudev: On the Plateau of the Peak: The Life of Sri Sri Ravi Shankar' will visit Sri Sri University, Cuttack from December 18 to 20.

[newindianexpress.com](http://newindianexpress.com)



BHUBANESWAR, THURSDAY DECEMBER 20, 2018, PAGES 16-17

# the pioneer

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## Bhanu Didi on 3-day visit to Sri Sri Varsity

To hold meditation  
programme

PNS ■ ATHAGARH

**B**hanumathi Narasimhan, fondly known as Bhanu Didi, sister of Poojya Gurudev Sri Sri Ravi Shankar and author of the bestseller autobiography of the Gurudev, is on a three-day visit to the Sri Sri University, Cuttack, from December 18 to 20.

She will be conducting a meditation programme and knowledge sessions. The Sahaj Samadhi Meditation programme will be conducted in the morning from 7 am to 9 am and in the evening from 5.30 pm to 7.30 pm. On December 20, she will grace a public satsang followed by knowledge session at the Sri Sri University.

Narasimhan has taught these techniques in the many countries across the globe and is an internationally acclaimed meditation trainer. She is also the Chairperson of Women Welfare and Child Care programmes of the The Art of



Living, a not-for-profit, educational and humanitarian NGO engaged in bringing stress relief and service initiatives in 155 countries.

Under her stewardship, "Gift a smile - Care-for-Children" project runs The Art of Living Free Schools in 20 States of India, providing free value-based, holistic education to over 67,000 underprivileged children from rural, tribal, and slum areas with a special focus on Girl Child education. Bhanumathi is also the chairperson of the International Women's Conference (IWC).





THE NEW

# INDIAN EXPRESS

FRIDAY 21.12.2018

## Knowledge session of Sri Sri varsity

Cuttack: Charchika, the women's leadership forum of Sri Sri University on Thursday organised Tejaswini - The Light Within, an interactive knowledge session with Bhanu Narasimhan, sister of Sri Sri Ravi Shankar fondly known as Bhanu Didi. President of the university Rajita Kulkarni asked her questions pertaining to women empowerment, spirituality and raising children. Bhanu Didi answered all the questions in a simple and profound manner. The event concluded with Vice Chancellor Prof Nand Lal, Director Operations Narendra Lamba reading out excerpts from her best seller 'Gurudev-On The Plateau of the Peak'.

## Sri Sri University organised TEJASWINI an interactive, insightful and invigorating knowledge session with Mrs. Bhanu Narasimhan

December 20, 2018



Bhubaneswar: Charchika-The Women's Leadership Forum of Sri Sri University has organised TEJASWINI – THE LIGHT WITHIN, an interactive, insightful and invigorating knowledge session with Mrs. Bhanu Narasimhan (Sister of Poojya Gurudev Sri Sri Ravi Shankar ji) .

Fondly known as Bhanu Didi, a personality who is a powerhouse of strength, motivation, practical wisdom, brilliance, and spirited discussion and is a role model to millions worldwide. She has empowered hundreds of women and children globally.

A world-renowned Meditation teacher, Humanitarian, Director of The Art of Living free schools that

educate 67,000 underprivileged children nationwide, Chairperson of Biennial International Women Conferences (IWC), has led many Women Empowerment Projects. Mrs Rajita Kulkarni, President, Sri Sri University asked her the questions pertaining to women Empowerment, spirituality, raising children etc. She has answered all the questions so simply and in a profound manner. She said that stress free women will make a healthy society. Prof. Srilaxmi Swamy , Dean Department of Architecture speaks about activities of the Charchika-The Women's Leadership Forum of Sri Sri University. She is also the author of the biography Sri Sri, 'GURUDEV-ON THE PLATEAU OF THE PEAK' which has been adjudged as the best seller by Amazon in biography category. The event was concluded with reading: "Gurudev: the plateau of the peak; the life of Sri Sri Ravi Shankar. Vice Chancellor Prof Nand Lal , Director Operations Mr Narendra Lamba have read out the excerpts from her best seller book.

The event was witnessed by the renowned women professionals from all walks of life viz., Bureaucrats, Academician from various Universities, Entrepreneurs, doctors, Engineers, students. Also members of Odisha State Commission for Women Ms Snhalata Mohanty and Mrs Kusum Rath were present.

The event was appreciated to enrich the lives of all.

SAMBAD

# ସମ୍ବାଦ

Friday 21 December 2018

## ଶ୍ରୀ ଶ୍ରୀ ବିଶ୍ୱ ବିଦ୍ୟାଳୟରେ ଅଲୋଚନାଚକ୍ର

■ ବାରଙ୍ଗ, ୨୦୧୨ (ଜମିସ) ଶ୍ରୀ ଶ୍ରୀ ବିଶ୍ୱ ବିଦ୍ୟାଳୟ ପରିସରରେ ମହିଳା ସଂଗଠନ 'ଚର୍ଚ୍ଚିକା' ଆନୁକୁଲ୍ୟରେ ଟେକସିନା ଅନ୍ତର୍ନିହିତ ଜ୍ୟୋତିଶିଖା ଶୀର୍ଷକ ଏକ ଅଲୋଚନା ଚକ୍ର ଅନୁଷ୍ଠିତ ହୋଇଛି। ଏଥିରେ ପରମପୁରୀ ଗୁରୁଦେବ ଶ୍ରୀ ଶ୍ରୀ ରବି ଶଙ୍କରଙ୍କ ଭଉଣୀ ଭାନୁମତୀ ନରସାମନ୍(ଭାନୁ ଦିବି) ସୋମବେଳ ସୁସ୍ଥ ସମାଜ ଗଠନରେ ମହିଳାଙ୍କ ଭୂମିକା ସଂପର୍କରେ ଆଲୋଚନା କରାଯାଇଛି। ଏହି ଅବସରରେ ଶ୍ରୀ ଶ୍ରୀ ବିଶ୍ୱ ବିଦ୍ୟାଳୟର ସଭାପତି ରଜିତା ନୁଲକଣ୍ଡଙ୍କ ମହିଳା ସଶକ୍ତିକରଣ ସମ୍ବନ୍ଧୀୟ ପଦାବିଧିବା ଅନେକ ପ୍ରଶ୍ନ ଉତ୍ତର ଭାବୁ ଚିହ୍ନ ଦେଇଥିଲେ। ଗୁରୁ ଦେବ ରବିଶଙ୍କରଙ୍କ କାବନା ଉପରେ ଭାନୁ ଦିବିଙ୍କ ଦ୍ୱାରା ରଚିତ ପୁସ୍ତକ 'ଗୁରୁ ଦେବ' ଓ 'ପ୍ଲୁଟୁ ଅଫ ଦ ପିଙ୍ଗ' ଅନୁବାଦରେ ଉପଲବ୍ଧ ହେଉଥିବା ସଂପର୍କରେ ସୂଚନା ଦିଆଯାଇଥିଲା। ପୁସ୍ତକର କିଛି ଅଂଶ କୁଳପତି ଡକ୍ଟର ନନ୍ଦ ଲାଲ ଓ କାର୍ଯ୍ୟକର୍ତ୍ତାଙ୍କ ନିର୍ଦ୍ଦେଶକ ନରେନ୍ଦ୍ର ଲାମ୍ବା ପାଠ କରିଥିଲେ। ଅନ୍ୟମାନଙ୍କ ମଧ୍ୟରେ ମହିଳା କମିସନ ସଦସ୍ୟ ସ୍ନେହଲତା ମହାନ୍ତି, କୁସୁମ ରଥଙ୍କ ସମେତ ବହୁ ପ୍ରଶାସିକା, ଶିକ୍ଷାବିତ୍ର, ଡାକ୍ତର ଓ କଂଗ୍ରେସର ଉପସ୍ଥିତ ଥିଲେ।



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# ପ୍ରମେୟ

## THE PRAMEYA

21 DECEMBER 2018 • FRIDAY

୨୧ ଡିସେମ୍ବର ୨୦୧୮ • ଶୁକ୍ରବାର

## ଶ୍ରୀଶ୍ରୀ ମହାବିଦ୍ୟାଳୟରେ ଆଲୋଚନାଚକ୍ର

କଟକ, ୨୦୧୨ (ବୁଧବେଳା): ଶ୍ରୀ ଶ୍ରୀ ବିଶ୍ୱବିଦ୍ୟାଳୟର ମହିଳା ସଂଗଠନ ‘ଚର୍ଚ୍ଚିକା’ ଆନୁକୂଲ୍ୟରେ, ତେଜସ୍ୱିନୀ-ଅନ୍ତର୍ନିହିତ ଜ୍ୟୋତିଶିଖା ନାମକ ଏକ ଆଲୋଚନାଚକ୍ର ଆୟୋଜିତ ହୋଇଥିଲା । ଏହି କାର୍ଯ୍ୟକ୍ରମରେ ଗୁରୁଦେବ ଶ୍ରୀ ଶ୍ରୀ ରବିଶଙ୍କରଙ୍କ ଭଗିନୀ ଭାନୁମତି ନରସୀମାନ (ଭାନୁ ଦିଦି) ଯୋଗଦେଇ ନିଜର ବକ୍ତବ୍ୟ ଓ ଅନୁଭୂତି ବର୍ଣ୍ଣନା କରିଥିଲେ । ଏହି ଅବସରରେ ଶ୍ରୀ ଶ୍ରୀ ବିଶ୍ୱବିଦ୍ୟାଳୟର ସଭାପତି ରଜିତା କୁଳକରନି ମହିଳା ସଶକ୍ତିକରଣ ସମ୍ବନ୍ଧୀୟ ଅନେକ ପ୍ରଶ୍ନ ଭାନୁଦିଦିଙ୍କୁ ପଚାରିଥିଲେ । ଭାନୁଦିଦି ଅତ୍ୟନ୍ତ ସରଳ ଏବଂ ସୁସଂଯତ ଢଙ୍ଗରେ ଉତ୍ତର ରଖି କହିଲେ ଯେ, ଚିନ୍ତାମୁକ୍ତ ମହିଳାମାନେ ସୁସ୍ଥ ସମାଜ ନିର୍ମାଣ କରିପାରିବେ । କୁଳପତି ଡ. ନନ୍ଦଲାଲ ଓ କାର୍ଯ୍ୟକ୍ରମ ନିର୍ଦ୍ଦେଶକ ନରେନ୍ଦ୍ର ଲାମ୍ବ ଏହି ଗୁରୁଦେବଙ୍କ ପୁସ୍ତକର କିଛି ଅଂଶ ପାଠ କରିଥିଲେ । ଏହି କାର୍ଯ୍ୟକ୍ରମରେ ଓଡ଼ିଶାର ଅନେକ ସୁନାମଧାରୀ ମହିଳା ବ୍ୟକ୍ତିତ୍ୱ ଯୋଗଦେଇଥିଲେ । ମହିଳା କମିସନର ସଦସ୍ୟ ସ୍ନେହଲତା ମହାନ୍ତି ଓ କୁସୁମ ରଥ ପ୍ରମୁଖ କାର୍ଯ୍ୟକ୍ରମରେ ଉପସ୍ଥିତ ଥିଲେ ।

ଶ୍ରୀ ଶ୍ରୀ ବିଶ୍ୱବିଦ୍ୟାଳୟରେ ଶ୍ରୀମତୀ ଭାନୁମତୀ  
ନରସିଂହଙ୍କ ଦ୍ୱାରା ବିଶାଳ ଧ୍ୟାନ ଶିବିର

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