

**Learning Outcomes- Based Curriculum Framework
(LOCF)
For Bachelor of Science (Hons.)
In
Psychology and Contemplative Studies
(2021-2024 Batch) ***

***Approved by Board of Studies on 8th September 2021.**

SEMESTER 1

Course Code	Course Title	Credits
UG-PSYC101	Gateway to Psychology and Contemplative Studies	4
UG-PSYC102	Basic Research Methods for Psychological Enquiry	4
UG-PSYC103	Biopsychology	4
UG-PSYC104	Sanskrit Language – I	3
UG-PSYC105	The Global Landscape of Contemplative Knowledge	4
UG-PSYC106	Contemplative Studies Open House - Art Form (Track I): rāga and manas(Music & Mind) - Contemplative Practices cum Activities based on other Art Forms/Philosophies etc.	3
UG-PSYC107	Happiness Connect	2
UG-PSYC108	Contemplative Practices*	3
Total Credits		27

SEMESTER 2

Course Code	Course Title	Credits
UG-PSYC201	Personality and Self	4
UG-PSYC202	Statistics & its applications	4
UG-PSYC203	Cognitive Psychology	4
UG-PSYC204	Sanskrit Language – II	3
UG-PSYC205	Contemplative Practices across World Traditions	4
UG-PSYC206	Introduction to Information Technology and MS Office	4
UG-PSYC207	Contemplative Practices*	3
Total Credits		26

SEMESTER 3

Course Code	Course Title	Credits
UG-PSYC301	Social Psychology	4
UG-PSYC302	Qualitative Research Methods and Data Analysis	4
UG-PSYC303	Developmental Psychology	4
UG-PSYC304	Psychosocial foundations of Behavior and Psychopathology	4
UG-PSYC305	Communication Skills for Team Building	4
UG-PSYC306	Psychology of Yoga and Lifestyle	4
UG-PSYC307	Contemplative Practices*	3
Total Credits		27

SEMESTER 4

Course Code	Course Title	Credits
UG-PSYC401	Introduction to Theory and Practice of Counselling	4
UG-PSYC402	Environmental Psychology	4
UG-PSYC404	Assimilation of Research Methods, Data Analysis, and Scientific Report Writing	4
UG-PSYC405	Health Psychology	4
UG-PSYC406	Organizational Behavior	4
UG-PSYC407	Psychological Assessment and Profiling	4
UG-PSYC408	Contemplative Practices*	3
	Total Credits	27

FIVE WEEKS INTERSHIP* (4 credit) to be credited in 5th Semester

SEMESTER 5

Course Code	Course Title	Credits
UG-PSYC501	Clinical Psychology	4
UG-PSYC502	Career and Vocational Counselling	4
UG-PSYC503	Community Development	4
UG-PSYC504	Stress Management	4
UG-PSYC505	Neuroscience and Vedanta	4
UG-PSYC506	Internship*	4
UG-PSYC507	Contemplative Practices*	3
Total Credits		27

SEMESTER 6

Course Code	Course Title	Credits
UG-PSYC601	Models and approaches of Rehabilitation	4
UG-PSYC602	Military Psychology	4
UG-PSYC603	Positive Psychology	4
UG-PSYC604	Human Resource Management	4
UG-PSYC605	Psychological Perspectives in Education	4
UG-PSYC606	Internship Seminar	4
UG-PSYC607	Contemplative Practices*	3
Total Credits		27

NOTE:

- Following the New Education Policy -2020 a student can opt one paper in each Semester from any other department of the SSU or UGC portals (SWAYAM, NEPTL, MOOCS) in the related relevant area after the prior approval of the Dean/HoD.
- The course opted from outside of the DCBS must be a minimum of the same or more credit in lieu of the course from the DCBS.