

Learning Outcomes – based Curriculum Framework
(LOCF)

For

Master of Science

Psychology and Contemplative Studies*

(2021-2023 Batch)

***Approved by Board of Studies on 8th September 2021.**

SEMESTER WISE COURSE WITH CREDIT HOURS

SEMESTER 1

Course Code	Course Title	Credits
PG-PSYC101	Introduction to Psychology & Contemplative Studies	3
PG-PSYC102	Cognitive Psychology	3
PG-PSYC103	Research Methods in Psychology and Contemplative enquiry (Q & Q)	3
PG-PSYC104	Developmental psychology	3
PG-PSYC105	Sanskrit Language	3
PG-PSYC106	Counselling: Modern and Contemplative Approaches	3
PG-PSYC107	Yoga Psychology for Quality of life	3
PG- PSYC108	Organizational Behavior	3
PG-PSYC109	Happiness Connect*	2
PG-PSYC110	Contemplative Practices*	3
Total Credits		29

SEMESTER 2

Course Code	Course Title	Credits
PG-PSYC201	Understanding individual differences and their assessment (Personality & Self)	3
PG-PSYC202	Social Psychology	3
PG-PSYC203	Contemplative practices from World Traditions	3
PG-PSYC204	Positive Psychology	3
PG-PSYC205	Human Resource Management	3
PG-PSYC206	Introduction to statistics and use of MS office	3
PG-PSYC207	Introduction to Clinical Psychology	3
PG-PSYC208	Development of Psychology in Contemplative Traditions	3
PG-PSYC209	Contemplative Practices*	3
Total Credits		27

8 Weeks Internship with the organization related to specialization, 3 credit to be credited in the 3rd Semester.

SEMESTER 3

Course Code	Course Title	Credits
PG-PSYC301 (Compulsory)	Integrative mind and consciousness studies I	3
PG-PSYC302 (Compulsory)	Neuroscience	3
PG-PSYC303	Internship	3
PG-PSYC304	Contemplative practices*	3
Specialization (opt only one of them) : 4 papers in each specialization of 3 credit each (4x3)=12 credits		
PG-PSYC305.1	Counselling	3x4
PG-PSYC305.2	OB & HR*	3x4
PG-PSYC305.3	Contemplative Perspectives on Health & Well-Being	3x4

PG-PSYC306.4	Clinical Psychology	3x4	
Total Credits		24	

SEMESTER 4

Course Code	Course Title	Credits
PG-PSYC401 (Compulsory)	Integrative mind and consciousness studies-II	3
PG-PSYC402 (Compulsory)	Project Management: Monitoring and Evaluation	3
PG-PSYC403	Internship Report Presentation Seminar	3
PG-PSYC404	Contemplative practices*	3
Specialization (opt only one of them) : 4 papers in each specialization of 3 credit each (4x3)=12 credits		
PG-PSYC405.1	Counselling	3x4
PG-PSYC405.2	OB & HR	3x4
PG-PSYC405.3	Contemplative Perspectives on Health & Well-Being	3x4
PG-PSYC405.4	Clinical Psychology	3x4
Total Credits		24

NOTE:

- Following the New Education Policy -2020 a student can opt one paper in each Semester from any other department of the SSU or UGC portals (SWAYAM, NEPTL, MOOCS) in the related relevant area after obtaining the prior approval of the Dean/HoD.
- The course opted from outside DCBS must be of a minimum of the same or more credit in lieu of which the course of the DCBS.