# ICHAPSS 2023



Approach Towards Performance and Safety in Sports

21-23 Dec 2023



# PRECONFERENCE WORKSHOP

20 Dec 2023

# **Organised By**

Faculty of Health and Wellness Sri Sri University

#### **In Association With**

Physical Education Foundation of India (PEFI) & International Association of Physical Education and Sports Inc. (IAPES)

# **ASSOCIATION PARTNERS**





# **ACADEMIC PARTNERS**













# PROFESSIONAL PARTNERS





















# **HEALTHCARE PARTNER**



Faculty of Health and Wellness, Sri Sri University going to organise

# "AN INTERNATIONAL CONFERENCE ON HOLISTIC APPROACH TOWARDS PERFORMANCE AND SAFETY IN SPORTS"

On 20-23 December 2023 with the aim to provide a platform to the scientists, researchers, academicians, industrialists, athletes and students to assimilate the knowledge and get the opportunity to discuss, share insights through deep-dive research findings on the recent advancement and developments in the field of Physical Education and Sports Sciences.

# ABOUT SRI SRI UNIVERSITY

Envisioned by Sri Sri Ravi Shankar Ji, Sri Sri University was established in 2009 as a centre for world-class education in India. The university offers a range of pivotal, unique and cutting edge undergraduate, postgraduate degree programmes, short term, diploma and certificate courses, Doctoral studies (PhD), that seek to preserve the ancient wisdom of the East and offer the best of Western innovation.





#### **VISION**

To impart holistic and value-integrated education in order to develop visionary thinkers with social-consciousness to lead and precipitate inevitable changes, with summative call for Learn – Learn – Serve.



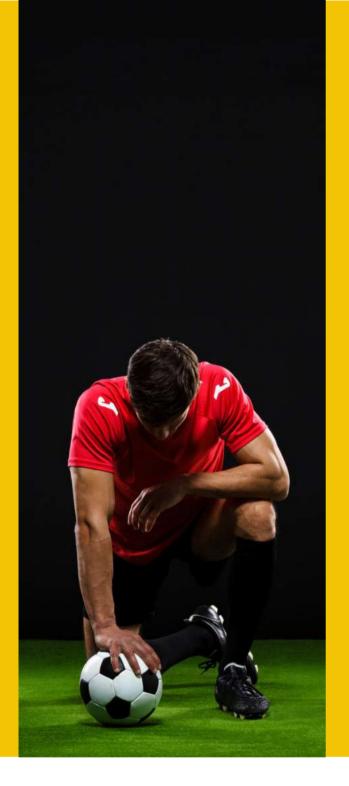
#### **MISSION**

To create centres of excellence in knowledge and research across the elds of study in order to equip students to achieve the highest levels of professional ability in a learning atmosphere that fosters human values to serve the needs of local, national and global economies.



# **FACULTY OF HEALTH AND WELLNESS**

- The Faculty of Health and Wellness at Sri Sri University was established in 2012 with a vision for a future in which holistic health and wellness become widely accessible to society.
- Our fundamental mission is to advance comprehensive health and well-being through education and cutting-edge research. Our educational approach blends academic rigor with experiential learning deeply rooted in the ancient principles of Yoga.
- This distinctive fusion not only imparts domain knowledge but also cultivates essential soft skills and life skills within our students. Our aim is to equip them as lifelong learners, capable leaders, and devoted contributors to their communities.
- One hallmark of our faculty is our unwavering commitment to a holistic approach to healthcare. We embrace the advancements of modern medical technologies while concurrently advocating for elective alternatives like Osteopathy, Nursing, and Sports Science.
- These holistic modalities promote the activation of individuals, inherent self-healing mechanisms, nurturing a state of enduring health and well-being. Notably, our faculty is a pioneering institution in Asia, introducing structured graduate courses in osteopathy.
- In summary, our vision is to shape a world in which holistic health is not an exception but the prevailing norm. Through the conduit of education and groundbreaking research, we seek to empower individuals with the knowledge and skills needed to lead healthier, more enriching lives.
- By bridging the chasm between ancient wisdom and contemporary medicine, we champion a culture of well-being that transcends our campus, radiating positive effects throughout society.



# ABOUT PHYSICAL EDUCATION FOUNDATION OF INDIA

Physical Education Foundation of India (PEFI), one of the apex organizations working for development and awareness of physical education & sports in India formed by the country's top sports professionals & physical education teachers.

The organization has been constantly working towards upliftment of physical education and has been spreading awareness amongst policymakers, decision makers, institutions, parents and students about the importance of physical education and sports and its significance in building a better future for our youth.

PEFI has proved to be a pioneer organization in this regard and has been able to form itself into a credible and highly committed National body of experts.

The organization has done some instrumental work in developing and creating world class sports facilities pan India for institutes, academies, municipalities, blocks, villages etc., which in turn has presented an opportunity for the country's youth to choose sports as a profession without being worried about finding suitable facilities and has also provided playing areas to kids who didn't have access to sports facilities earlier due to financial or other reasons.

# **ABOUT INTERNATIONAL ASSOCIATION**

#### OF PHYSICAL EDUCATION AND SPORTS

International Association of Physical education and Sports Inc. (IAPES), one of the grandeur agencies of choice for people and organizations delivering or supporting the delivery of physical education, sport, and physical activity in educational contexts and in the wider community. The purpose of IAPES lies in promoting and maintaining high standards and safe practice in physical education and sports.





# THE THEME OF THE CONFERENCE:

A comprehensive approach towards enhancing human performance, individuality, and safety in sports.

# **OBJECTIVE OF THE CONFERENCE**



To provide a platform to facilitate the scientists, researchers, academicians, industrialists, and students to exchange their knowledge, ideas and innovations.



To highlight recent advancements and challenges in the Physical Education and Sports Sciences approaches leading to uplift performance and safety in sports.



To enable the delegates to establish research or business relations as well as to find international linkage for future collaborations.

# **SCIENTIFIC PROGRAM**

- The prime goal of this international conference is to provide a common platform for students, research scholars, academicians, athletes and industry professionals to share and discuss the recent advances in the field of sports and health science.
- This conference will be a road map to initiate partnerships across different disciplines, institutions and countries in order to spearhead cutting edge research in sports sciences aimed at significant breakthroughs in the field of sports.
  - The conference will provide ample opportunities for the young researchers to share their experiences as well as knowledge not only with their fellow researchers but also with renowned sports scientists.
    - By having interactions, as well as sharing the research work carried out in these areas, the new proposals can be designed with focused themes which shall lead to further development in the sports field and thereby improving the existing knowledge.
    - The highlight of the conference would be the plenary lectures by the experts, oral presentations by seasoned scientists, oral presentations by budding scientists, poster sessions, and award sessions.

#### **MAJOR THEMES**

Sports	Sports	Sports	Sports	Sports	Sports	Sports	Sports
Performance	Physiology	Biomechanics	Psychology	Biochemistry	Nutrition	Osteopathy	Physiotherapy
Sports Medicine	Sports Ergonomics	Physical Education	Injury Prevention and Safety	Scientific Coaching	Sports Management	Technology in sports	Yoga Inclusive Sports



#### **AWARDS AND PRIZES OF ICHAPSS 2023**

- ✓ ICHAPSS has instituted various awards under different categories.
- √ Those who are like to apply for the jury awards should send their papers in Microsoft format (Times new roman, font size 12) and must be accompanied by a duly filled in declaration form. Format is available at https://srisriuniversity.edu.in/ichapss-2023
- ✓ The soft copies of the manuscripts for the jury award should be mailed at sohini.p@srisriuniversity.edu.in latest by 30th November 2023.
- ✓ Registration is mandatory to be eligible for the awards enlisted below.\*

#### LIST OF AWARDS AND PRIZES INSTITUTED BY ICHAPSS\*



Best Scientific Paper
Presentation
Award- Oral



**Presentation Award-** Poster



Jury Award

Best Junior Scientist

Lifetime Achievement Award

Best Performance in Sports

Promotion and Development

#### **GUIDELINES FOR ABSTRACT SUBMISSION**

- The contents of abstract should include background, objectives, methods, results and conclusions under these headlines.
- The title should be in capital and in bold followed by name of authors (with first name first, then middle name followed by family name) and their institutional address along with the email address of the corresponding author.
- Do not append degrees, professional designations, etc to names.
- The name of presenting author should be underlined.
- The abstract should be typed using Microsoft Word (Times New Roman, font size 12 and 1.5 point spacing between lines, limit 300 words).
- Abbreviations used in the body of an abstract should be defined at their first mention in the text.
- Abstract should be submitted mailed at ichapss2023@srisriuniversity.edu.in.
- Abstract will be considered for the publication only if the presenting author has registered for the conference.
- Normally only one paper is allowed per author, unless prior permission of organizers is taken.
- If an abstract is accepted and Presenter does not --register, the abstract will be withdrawn.
- The last date for submission of abstract is the 30th November 2023.
- Accepted abstracts will be published in the Scopus index/ peer review journal as a part of special issues.

#### PRECONFERENCE HANDS ON WORKSHOP

A pre-conference workshop will be held on the **20th December 2023** on basic and advanced techniques in **Physical Education and Sports Science research**.



#### **WORKSHOP TOPICS**

- Sports Physiology: Vo2 max Hands on practice
- Sports Osteopathy: Relevance of functional asymmetries in Athletes
- Sports Biomechanics: Ergonomics of sports footwear in analysis of running biomechanics





#### **REGISTRATION:**

- The last date for Abstract submission/Registration is
   30th November 2023.
- You can only register online at the conference webpage <a href="https://srisriuniversity.edu.in/ichapss-2023">https://srisriuniversity.edu.in/ichapss-2023</a> by paying the registration fee through the payment gateway.
- The registered delegates would be entitled for virtual/in person admission to opening session, entrance to all scientific sessions, and conference materials, morning and afternoon refreshments and lunch (for in-person delegates).
- More details are available from the https://srisriuniversity.edu.in/ichapss-2023

Category	Registration Fee (exclusive of 18% GST)	Privileges	
In-person Registration	<ul> <li>Member: Rs.3000</li> <li>Non-Member: Rs.3500</li> <li>Students (Member): Rs.2500</li> <li>Students (Non-Members): Rs.2700</li> <li>Spot Registration: Rs.6000</li> </ul>	Includes physical access to all the sessions at the conference venue, lunch, refreshments, registration kit and participation certificate (printed)	
International Delegate	<ul> <li>Members (Online Mode): \$45</li> <li>Non- member (Online Mode): \$50</li> <li>Members (Physical Mode): \$100</li> <li>Non-Member (Physical Mode): \$150</li> </ul>		

# **ICHAPSS 2023 ORGANISING COMMITTEE**

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Poojya Gurudev Sri Sri Ravishankar ji

#### **PATRON**



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**Prof. B.R Sharma** Vice-chancellor, SSU

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**Swami Satyachaitanya** Director Operations, SSU



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Sports Authority of India
Secretary, PEFI



**Dr. Jewelson M Santos** Chairman, IAPES Inc

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Dronacharya Awardee (Hockey)

#### Dr. Tapan Panigrahi

Dronacharya Awardee (Swimming)

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Director, Shanti Memorial Hospital, Cuttack

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President, Sports Promotion Society International, Pakistan

#### **Dr. Balwant Singh**

President, Maharashtra Yoga Sports Foundation

#### Dr. Hanjabam Barun Sharma

President, Indian Society of Sports and Exercise Medicine

#### Dr. Pintu Modak

**Secretary Sports Engineering Association** 

#### **Er. Kowshik Dutta**

Founder and Director, International Global Professional

#### Dr. G B Bablee

Chairman, International Global Professional

# A. Organizing Secretary



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Junior Research Fellow, Faculty of Health and Wellness, SSU

#### Mr. Subrata Dey

Research Scholar, Faculty of Health and Wellness, SSU

#### Mr. Kapil Rajwani

Technical Officer, HRDC, SSU

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Principal Nursing, Faculty of Health and Wellness, SSU

#### **Dr. Prativa Shree**

Assistant Professor, Faculty of Health and Wellness, SSU

#### **Dr. Sohini Paul**

Assistant Professor, Faculty of Health and Wellness, SSU

#### Dr. Praiakta Kadam

Assistant Professor, Faculty of Health and Wellness, SSU

# E. Travel Accommodation & Logistics

#### Dr. Sonali Soumyashree

Assistant Professor, Faculty of Health and Wellness, SSU

#### **Mr Prem Sukh**

Assistant Professor, Faculty of Health and Wellness, SSU

#### Mr Deepak Kumar Mallick

Research Scholar, Faculty of Health and Wellness, SSU

#### Mr Saurav Baweja Academic officer, SSU

# F. Registration & Certificate Committee

#### Ms. Ankita Rout

Assistant Professor, Faculty of Health and Wellness, SSU

#### **Dr Pratikshya Mohanty**

Assistant Professor, Faculty of Health and Wellness, SSU

#### **Dr Jyoti Sharma**

Assistant Professor, Faculty of Health and Wellness, SSU

### **G. Food & Hospitality Committee**

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Assistant Professor, Faculty of Health and Wellness, SSU

#### Mr Sandeep Khuntia

Academic Coordinator, Faculty of Health and Wellness, SSU

#### Mr Alok Patri

Lab Assistant, Faculty of Health and Wellness, SSU

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Assistant Professor, Faculty of Health and Wellness, SSU

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#### Mr. Charak Pattnaik

Digital Media Coordinator, SSU

#### Mr. Kaushik Kapuria

AOL Teacher, SSU

# I. IT & Operation Comittee

#### Mr. Juan Gullion

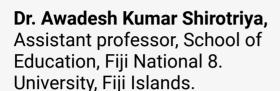
Asst. Prof. FHW. SSU

#### Mr. Arunjit Mahapatra

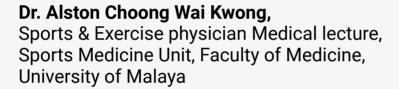
IT Executive, SSU

#### INTERNATIONAL HONORABLE SPEAKERS

**Prof. Ammar Hadi,**Head of theoretical Studies
Department, University of
Babylon, Iraq







**Dr. Faysal Fayaz**Senior Lecturer,
Superior University, Pakistan

**Dr. Shima Mojtahedi**Assistant Professor, Department of Exercise Physiology University of Tehran

**Dr. Chutimon Khemtong**Lecturer, College of Sports
Science and Technology,
Mahidol University, Thailand















### NATIONAL HONORABLE SPEAKERS

**Prof. A K Uppal,**Former VC , Jiwaji University and Former Dean, LNIPE



**Prof. Aloke Bannerjee,**Former VC, University of Kalyani



**Dr. G Kishore**Principal, LNCPE, Trivandram



Prof.Parimal Debnath
Former Professor,
Department of Physical Education,
Jadavpur University



**Dr. Asim kr. Bose,**Former Principal, PGGIPE,
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**Dr. Krishnakant Sahoo**Associate Professor, Head,
Department of Sport
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**Dr Brij Kishore Prasad**Associate Professor
HOD, Dept. of Health Education,
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**Dr. Kishore Mukhopadhay**Professor in Union Christian
Training college of Physical
education, Behrampore



**Dr. Saju Joseph**Former High-Performance Director, Sports Authority of India, Former Head of biomechanics and performance analysis dept, National Institute of Sports of Malaysia, Kuala lumpur, Malaysia



**Dr. Jerrin Shaji** Surg Lt Cdr Jerrin Shaji Sports Medicine spl, Principal Medical Officer, INS Chilka



**Prof (Dr.) Sreejoy Pattnaik,**Director, Shanti Memorial Hospital



**Dr. Balwant Singh**Professor and Visiting faculty JJT University,
Secretary of the Global Human Research and
Welfare Society, Thane, Maharashtra



**Dr. Gerald Santhosh Dsouza**Dean, Faculty of Education and Director of Physical Education, Mangalore University



**Dr. Parinita Singh**President of Satyanand yoga and Sports Association, Ranchi



**Dr. Nilima Deshpande**Chief Athletic Coach,
Professor (Honorary),
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**Prof. N. Chellam.**Associate Professor,
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**Dr. Subrata Mallick**Former Sports Medicine Consultant SSO(SM) Sports Authority of India



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**Dr. Sakti Ranjan Mishra**Former principal ,
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**Dr. Snehunsu Adhikari**Scientific Officer (Physiology), In charge Faculty of Sport Sciences, Sports Authority of India, NS Eastern Centre, Kolkata, Salt Lake



**Dr. J. Muthukumaran**MPT (Sports Physiotherapy)
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