



SRI SRI UNIVERSITY

World University Rankings 2022



Health care education, Ayurvedic Science, Nursing, Osteopathy, Yogic Science, Community health programmes, Good Practice

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“Health is not merely an absence of disease. Health is being established in the Self. It is the dynamic expression of life”.

Gurudev Sri Sri Ravi Shankar

About Us

Sri Sri University was established as a State Private University in Odisha, India which started its first academic year in 2012 and has been envisioned by Global Humanitarian, Gurudev Sri Sri Ravi Shankar ji. The University offers a range of pivotal, unique, and cutting-edge undergraduate, postgraduate degree programs under eight Faculties, short-term, diploma, and certificate courses, Doctoral studies (Ph. D.), that offers the best of the East and offers the best of the West.

The impressive list of undergraduate programmes offered at Sri Sri University includes B. Sc. (Data Science), B. Sc. (Osteopathy), B. Sc. (Psychology & Contemplative Studies), B. Sc. (Food, Nutrition, and Dietetics), B. Sc. (Agri-business), Bachelor in Interior Design, etc., and that of post graduate programmes offered includes M.Sc. Osteopathy (first time in Asia), MBA (Entrepreneurship), MBA (General Management), MBA (Agri-Business Management), M.Com., M.A./M.Sc. in Psychology and Contemplative Behaviour, M.Sc. Environment Science, B. Tech. & M. Tech. (Artificial Intelligence & Machine Learning), etc.

Located in a sprawling 188- acre green lush campus, Sri Sri University takes pride in offering a curriculum that enriches both domain expertise and life skills. It provides a unique social culture that nurtures a rich learning environment and aids excellence in students through its virtually smoke-free, alcohol-free, drug-free, and completely vegetarian campus. The University defines Excellence as an academic process of motivating the students to learn in ways that make a sustained, substantial, and positive influence on how they think, act, and feel which defines our core value of **Learn-Lead-Serve**.

Sri Sri University has been ranked by Times Higher Education World University Impact Rankings on Sustainable Development Goals (SDGs) in the band of 601-800 based on all 17 SDGs. In the top four individual SDGs, Sri Sri University was ranked in the band of **101-200** for SDG 2: Zero Hunger. For the SDG 13: Climate Action and SDG15: Life on Land stand in the

band of 201-300. Sri Sri University has been ranked **1st in Odisha, 7th in India, and 250th in the world** as per UI Green Metric Awards World University Rankings 2022 which is a quantum jump from 2020's ranking which was 3th in Odisha, 7th in India, and 304th in the world.

Being from the parentage of the Art of Living, one of the largest volunteer based organization in the world, and given the stature of the work of our founder Poojya Gurudev Sri Sri Ravi Shankar ji in the last four decades, we aspire to contribute in finding solutions to the problems faced by the world at large by way of conflict resolution, agriculture, Arts & Crafts, etc. Few of our initiatives in this regard includes the creation of Sri Sri University Resource Centre for Climate Change & Sustainability Education & Practices, Sri Sri Advanced Global Centre for Conflict Resolution and Peace Studies and Sri Sri Centre for Advanced Research in Water Resources and Environment Management.

Sustainable Development Goals

The Sustainable Development Goals (SDGs) or the “2030 Agenda” is the universal call for action for better health, end poverty and ensure that all people enjoy peace and prosperity. SDGs is a collection of 17 goals otherwise known as the Global Goals with 169 targets. Out of which goal 3 solely focuses on health, which is “to ensure healthy lives and promote well-being for all age group.” SDG3 comprises 13 targets, including four listed as “means-of-implementation” targets. The other selected goals which highlights health related targets includes end of malnutrition in all form, achieving universal and equitable access safe drinking water and, hygiene and sanitation.

Targets

GOAL 3.2 Number graduating in Health Profession.

Goal 3.3.1 Proportion of graduates in health professions

GOAL 3.3 Collaborations and health services

Goal 3.3.1 Current collaborations with health institutions

Goal 3.3.2 Health outreach programs

Goal 3.3.4 Sexual and Reproductive Health care

Goal 3.3.5 Mental Health support.

Introduction

The health care scenario is rapidly changing all over the globe, orienting itself towards an integrated system where the different disciplines complement each other in their strengths and weaknesses. The Faculty of Health & Wellness stands to offer an effective approach to the treatment of many conditions and imbalances, complementing the technology-driven and highly specialized advances that are taking over the medical field.

Ayurveda, Osteopathy, Yogic Science, Sports Physiology, and Physical Education are supported on a philosophy that underscores the role of self-regulating mechanisms in both health and disease.

Health Education

The Faculty of Health & Wellness in Sri Sri University provides the ground for the holistic development of our students. The rigorous academic environment is combined with an

experiential understanding of the mind through yoga and meditation, equipping the students with the domain knowledge, soft skills, and internal resources required to serve their patients with compassion and dedication.

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Osteopathy, Nursing, Yogic Science, Ayurveda, Sports Physiology, and Physical Education are supported on a philosophy that underscores the role of self-regulating mechanisms in both health and disease. The Faculty of Health & Wellness in Sri Sri University provides the ground for the holistic development of our students. The rigorous academic environment is combined with an experiential understanding of the mind through yoga and meditation, equipping the students with the domain knowledge, soft skills, and internal resources required to serve their patients with compassion and dedication. 412 number of Graduating and 49 Graduated scholars (BSc, MSc Yogic Science and MSc Osteopathy) passed out in Health professions SSU campus (**Table 1**)

Collaborations and health services

A memorandum of understanding (MOU) is an agreement between two or more parties/institutions. MOUs are not legally binding, but serve to document each collaborator’s expectations or intentions. Sri Sri University has MOU’s with several prominent institutions across the globe. The list of collaboration are given in Table 1.

Table 1 Collaborations with local, national, or global health institutions to improve health and well-being outcomes

University	Collaboration Agency	From Date	Years	To Date
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Sri Sri University	International Association for Human Values	22.05.2019	5 years	21.05.2024
Sri Sri University	Kaivalyadhama Sreeman Madhav Yoga Mandir Samiti, Lonavla	11.06.2019	5 years	10.06.2024
Sri Sri University	Swamy Vivekananda Yoga Anusandhana Samsthana, Bengaluru	18.12.2019	5 years	17.12.2024
Sri Sri University	Japan Yoga Niketan	24.01.2020	5 years	23.01.2025
Sri Sri University	Sarvotam Care Limited, Secunderabad.	26-11-2022	5 years	2027
Sri Sri University	Board of Paradip Port Authority, Odisha.	25-11-22	5 years	2027
Sri Sri University	KLE University, Belgaum	29-01-23	5 years	2028
Sri Sri University	Lingham Yoga Centrum, Malaysia	20.02.2020	5 years	19.02.2025

SRI SRI COLLEGE OF AYURVEDIC SCIENCE & RESEARCH HOSPITAL, SRI SRI UNIVERSITY
1st & 2nd Floor, 1st & 2nd, Bhojpur, 1st, Cuttack, Odisha - 754004

Guest Lecture on SCOPE OF AYURVEDA/NATURAL IN GLOBAL MAP

By **Prof. (Dr.) Baidyanath Mishra**
MD, PhD
President - Natural Products
Sarvotam Care Limited, Secunderabad

26th August 2022
11:00 AM to 12:00 PM

Venue: Class Room, KriTU Building
Block - C, SSCASRH, SSU

bit.ly/ssupharma

SRI SRI COLLEGE OF AYURVEDIC SCIENCE & RESEARCH HOSPITAL, SRI SRI UNIVERSITY

Guest Talk on International Day of Yoga Ashtanga Yoga & Health

By **Prof. (Dr.) Sudhakar Baddy**
Professor & Head, Dept. of Yoga
Sarvotam Care Limited, Secunderabad

Organized by:
Department of Ayurveda & Yoga

21st June 2022
11:00 AM

To Join, Visit
bit.ly/sscasrhyogoday

- Deans, SSCASRH, Cuttack

Outreach programmes for mental wellbeing by Sri Sri University

Sri Sri University has 30 Art of Living Teachers who are trained by Gurudev Sri Sri Ravi Shankar ji to teach meditation & yoga programs. All these members have facilitated numerous programmes throughout the past 1 years July 2022 to June 2023 and have benefited 2000 people in total which include people from all walks of life from students from different Universities, working professionals, senior citizens and Drivers, Kitchen staff, students, teaching faculties etc. from Sri Sri University (Table 2)

Table 2. List of camp and Out reach Program(2022-23)

Sl. No	Camp Name	Date	Patients Attended
01	Health Awareness program	17-07-22	150
02	Camp on Swarna prashana	18-07-22	500
03	Health Camp	22-07-22	200
04	Educate the Asha Employees	10-08-22	-
05	Outreach National Flag distribution	12-08-22	-
06	Awareness program Rally for Unity	13-08-22	-
07	Free Health check-up camp	07-09-22	51
08	Free Health check-up camp	14-09-22	43
09	CPR training camp	22-09-22	-
10	Outreach program National Ayurved Day	24-09-22	-
11	Outreach program National Ayurved Day, Adarsha Vidyalaya, Cuttack.	24-09-22	150
12	Outreach program at Sandhapur panchayat, Cuttack	27-09-22	-
13	Outreach program at Talagar, Cuttack	28-09-22	-
14	Rally on Worlds Aids Day	1-12-22	-
15	Camp on Nadi pariksha	16-12-22	12
16	Camp on Swarna prashana	09-01-23	200
17	Health Check-up camp	16 th -19 th jan.23	2260

18	Health camp	20-01-23	250
19	Swarna prashana camp	27-04-23	33
20	Community Outreach program	28-04-23	-
21	Free Health check-up and Blood donation Camp	07-05-23	200 and 16
22	World Thalassaemia Day celebration	09-05-23	-
23	International Nurses Day celebration	12-05-23	-
24	Free Nadi pariksha camp	01-06-23	34
25	Free Nadi pariksha camp	02-06-23	23
26	Free Nadi pariksha camp	03-06-23	10
27	Free Nadi pariksha camp	07-06-23	16
28	Free Nadi pariksha camp	08-06-23	40
29	Free Nadi pariksha camp	09-06-23	85
30	Free Nadi pariksha camp	13-06-23	10
31	Free Nadi pariksha camp	16-06-23	24
32	Yoga Day Celebration	21-06-23	-
33	Yoga Day Celebration at Adarsha Vidyalaya, Cuttack	21-06-23	-
34	Swarna prashana Camp	21-06-23	22
35	Outreach program on Nadi pariksha	22-06-23	30
36	Nadi pariksha camp	24 th -25 th June 2023	95
37	Awareness program on Anti-Drug abuse	26-06-23	-
38	Health awareness program	17-07-23	80
39	Free Swarna prashana camp	18-07-23	63
40	Health camp at Sri Sri Ayurveda Hospital	22-07-23	200
41	Health Camp INS Chilika, Odisha	24-07-23	500

Yes plus: YES (Youth Empowerment Seminar), is a powerful and dynamic program conceived by the founder of the world-renowned Art of Living Foundation, Gurudev Sri Sri Ravi Shankar. As the name suggests this program is conducted solely for college students and the youth. Young students who are on the brink of stepping in to the world as adults are exposed to both the good and the bad. Somehow the bad lingers in the form of peer pressures, failures, addictions, bad influences and so on. Tackling the 'bad' and coming out a winner is what the YES Program focuses on. The YES as created by Gurudev Sri Sri Ravi Shankar uses yoga, meditation and several team building processes to churn out the best from the youth. Doing a YES Course is a gateway to a place where nothing negative exists and helps in channelizing the raw energy of the youth into something effective and productive.

Breathing and meditation: It all began in 1982 when he cognized the Sudarshan Kriya™ after a ten-day silence period. The technique remains a centerpiece of all programs of the Art of Living. Through a myriad of programs, teachings, and social service projects across 156 countries, Gurudev has empowered and transformed the lives of millions. Recognized globally as an impactful mediator, Gurudev has played a pivotal role in restoring peace in several conflict zones. His body of work is a testimony to his vision of a stress-free and violence-free society. Our breath connects the body and the mind. It holds the secret to a stress-free and fulfilling life. The core of this workshop is the Sudarshan Kriya™, the most powerful breathing technique that can transform your life.

Advance level of mediation: "That state when you don't want anything... then the blessings that flow out are bound to materialize." - Sri Sri. The Blessings Program is a subtle yet powerful program that includes unique processes and meditations designed to take the individual to a deep state of gratitude and fullness. Participants report that more than any other program they have taken, they become aware of the tremendous grace that flows to them and through them. This is an advanced program for mediators who want to pull back the curtains and experience those critical moments that will improve their mediation skills. Designed for litigators and mediators, this highly interactive program moves the mediation process from static to dynamic. We will examine the timeworn models of mediating litigated cases and ask lawyers to rethink the process beginning with the terms of engagement and progressing through the use of improvisational techniques that increase the probability of settlement.

Sri Sri yoga level 1: Are you tired of the competitive or superficial culture that surrounds some mainstream yoga? Sri Sri Yoga deepens your self-awareness, and centeredness with a holistic approach to yoga. Sri Sri Yoga offers a non-judgmental atmosphere so you can find your own edge-of stretching without pain, of pushing yourself without competing. Experience all aspects of a complete yoga practice, including traditional asanas (postures), simple pranayama (breathing techniques), guided meditation and knowledge of yoga.

Webinars/ Seminars

Seminars and webinars on the health issues and Ayurveda are regular activities in Sri Sri University, which are organized in the regular intervals (**Table 3**).

Table 3. List of webinars and seminars conducted in Sri Sri University

Sr. No.	Name of Webinar	Date
1.	Webinar on World Sickle cell day	19-06-22
2.	International Day of Yoga	21-06-22
3	Agrotechnique of Medicinal plants	23-06-22
4	International Day against Drugs abuse	25-06-22
5	Talk on Healthy Life style and Medicine Distribution	18-08-22
6	National seminar on Pharmacovigilance	26-08-22
7	Single Lecture series	03-09-22
8	Seminar on World Heart Day	29-09-22
9	Speech on Winter Allergy by Dr.D.P.Dash	08-01-23
10	Seminar on Motherhood Day	11-04-23

11	Webinar on Holistic approach	19-04-23
12	Seminar on World Hypertension Day	18-05-23

Facilities to student on mental health issues

Psychology is the science of behavior and cognitive processes. “Behavior” encompasses all observable actions or reactions of living organisms that can be measured. “Cognitive processes” embrace every aspect of the working mind – thoughts, memories, mental images, reasoning, decision making and so on.

“Psychology and Contemplative Studies” as a field of specialization is being seen as an approach to incorporate insights and pedagogical approaches to holistically understand human development and provide insights to deal effectively with various issues in a way that promotes one’s well-being and mental health.

Vivechana - The Counselling Space

Catering to psychometric assessments and various indigenous forms of therapeutic interventions ‘Vivechana’ will provide our students in-depth experiential opportunities to learn as well as administer psychological tools of evaluation and measurement over and apart to practicing counselling skills amidst real life situations.