



Evidence(s) THE-Impact Ranking



University : Sri Sri University
Country : India
Web Address : www.srisriuniversity.edu.in

SDG 4: Quality Education

4.3 Lifelong Learning Measures

4.3.2 Public Event (Lifelong Learning)

Host events at university that are open to the general public: public lectures, community educational events.



Plate 1. A peace parade



Plate 2. Webinar on World Suicide prevention



Plate 3. Promoting innovation and entrepreneurship



Plate 4. Incubation center of Sri Sri University, recognized by Start-up Odisha



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Plate 5. International conference



Plate 6. A seminar on Health and Safety Behavior



Plate 7. 43rd Annual Conference of the Indian Association of Biomedical Scientists



Plate 8. Solution to stress management and holistic wellbeing through Yoga

Description:

Mental Health & Wellness Club organized an event is on Suicide prevention measures named "Creating Hope Through Action". Observing the occasion of World Suicide Prevention Month, Espoir: The Mental Health Club brings an event revolving around the issue of Suicide. Mental health of the youth is deteriorating with suicidal ideation and we as a club intend to reduce attempted instances of suicide by raising empathetic understanding towards this sensitive concept.

1. An event was consisting of a peace parade starting at 4 pm, 24th September 2022, followed by an interactive session on encouraging well-informed action, techniques to overcome a heavy situation



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and reinforce positive thought. Helping everyone understand and practice a healthy mental health **(Plate 1)**.

2. World Suicide Prevention Day was celebrated on 10th Sept 2022 by NSS/NCC/CLUBS where 59 participants attended the program. Silence renews us physically, mentally, & spiritually. Drawing out the deepest layers of stress, and balancing the mind & emotions. Students, Faculty and Staff actively participated in the Meditation Program as a best measure to prevent negativity in life and other mental condition may lead to disaster or suicide on 10th Sept 2022 **(Plate 2)**.
3. Sri Sri University has been promoting innovation and entrepreneurship from its inception. SSU Innovation Foundation, the incubation center of SSU, provides dedicated mentoring and handholding support such as; Idea validation, Product development, IPR, Legal entity registration, investor readiness, seed funding and investor linkage to the budding student and alumni entrepreneurs **(Plate 3)**.
4. Incubation center of Sri Sri University is recognized by Startup Odisha and DC-MSME. SSU Innovation has been selected for Startup India Seed Fund to support early stage startups. The incubation center was selected for HDFC Bank Smart up grant to support impact oriented startups **(Plate 4)**.
5. SSU Innovation was awarded by Startup Odisha in 2022 for its performance in supporting startups in Odisha. The spirit of job creation has been imbibed with many students and alumni. SSU has nurtured 120 plus startups in the areas of agriculture, food processing, eco-tourism, renewable energy, edutech, fitness and healthcare.
6. Faculty of Health and Wellness, Sri Sri University also organized International Conference on 'Interactive Approach for Mental and Physical Wellbeing during Covid- 19 Era' through virtual mode from April 12-13, 2022 **(Plate 5)**.
7. A seminar on Health and Safety Behavior was organized by the Faculty of Health and Wellness in collaboration with Shanti Memorial Hospital and in partners with Sadguru



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Hospital on 20th July 2023. Prof (Dr.) Koustuv Dalal, Professor, Mid Sweden University, Sweden and our Chief Guest spoke about the real definition of health as physical, mental and social well-being (**Plate 6**). He gave an insight to the risk factors of stress and the probable ways to avoid it. Professor also mentioned about the food aspects that are leading to development of various diseases and the ways by which one can avoid and have a safe behavior towards themselves.

8. The 43rd Annual Conference of the Indian Association of Biomedical Scientists (IABMS) and the International Conference on an Integrated Approach to Health Protection and Health Promotion were held at Sri Sri University from December 19–21, 2022. Stalwarts from various disciplines of attend as delegates and presented their research (**Plate 7**).
9. Prof. B R Sharma given a complete solution to stress management and holistic wellbeing through Yoga on 27-June-2023. The transformative power yoga to manage stress which affect the mental health of a person. He also shared techniques to control the mind in daily life (**Plate 8**).

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