



SRI SRI
UNIVERSITY
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Times Higher Education
Impact Rankings

3.2.1: PROPORTION OF GRADUATES IN HEALTH PROFESSIONS

Total Graduates (2023–24): 640

Graduates in Health Professions: 69

Proportion: 10.78%

Sri Sri University offers a range of programs in health and well-being, aligning with Sustainable Development Goal 3 (SDG 3): Good Health and Well-being. These programs aim to cultivate professionals equipped to enhance holistic health and wellness.

Relevance to SDG 3 Metrics:

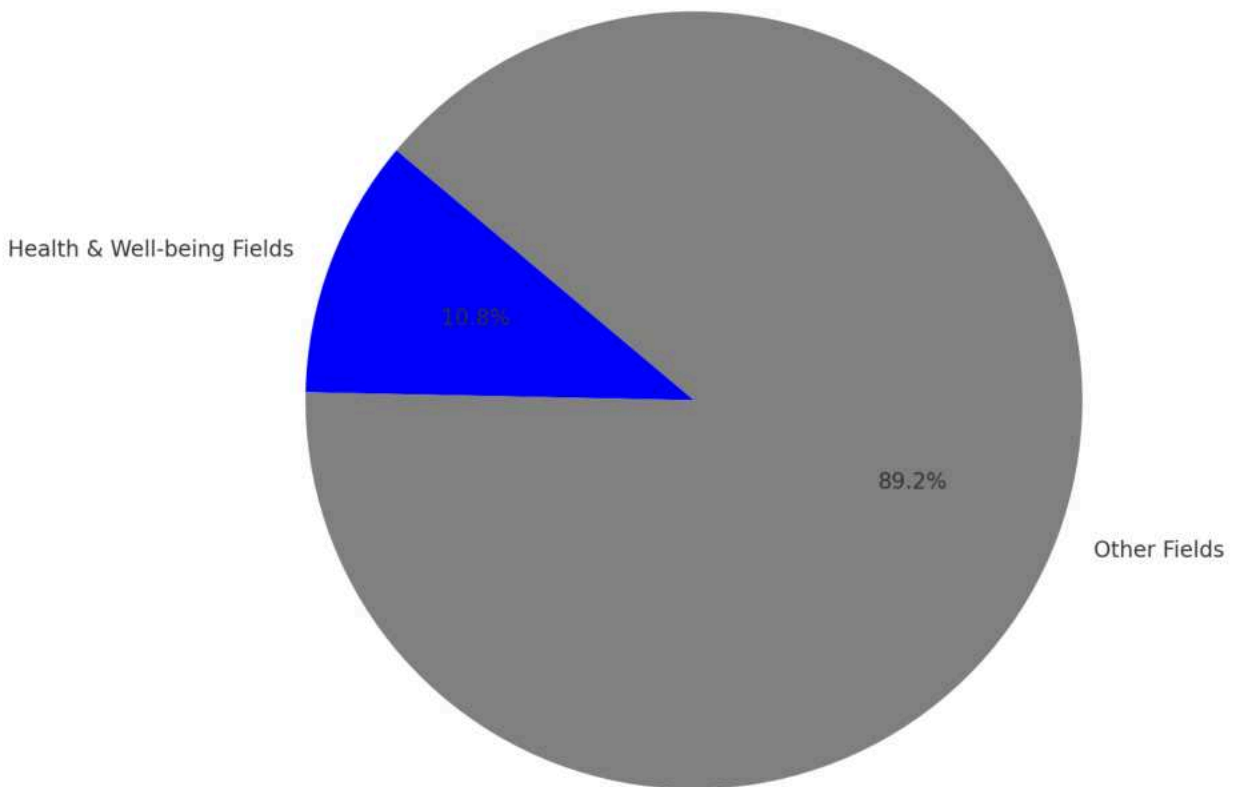
These programs collectively contribute to building a cadre of professionals dedicated to improving health outcomes, promoting preventive healthcare, and addressing both physical and mental health challenges, in alignment with SDG 3 objectives.

Summary Statistics (Plate 1):

- ❖ Total Graduating Students: 640
- ❖ Students Graduating in Health and Well-being Programs: 69 students (10.78%)
- ❖ Other Fields: 571 students (89.22%)

Plate 1: A Pie Chart displaying the proportion of health-related students (10.78%) compared to other fields (89.22%) in the total graduating class.

Proportion of Health and Non-Health Graduating Students



Breakdown by Program (Plate 2, 3):

- MA Yoga: 6 students (8.7% of health-related graduates)
- MSc Yoga: 10 students (14.5% of health-related graduates)
- BSc Yoga: 21 students (30.4% of health-related graduates)
- MSc Osteopathy: 5 students (7.2% of health-related graduates)
- BSc Osteopathy: 11 students (15.9% of health-related graduates)
- BSc Psychology: 12 students (17.4% of health-related graduates)
- MSc Psychology: 4 students (5.8% of health-related graduates)

Plate 2: A Bar Chart showcasing the number of graduating students in each health and well-being-related program.

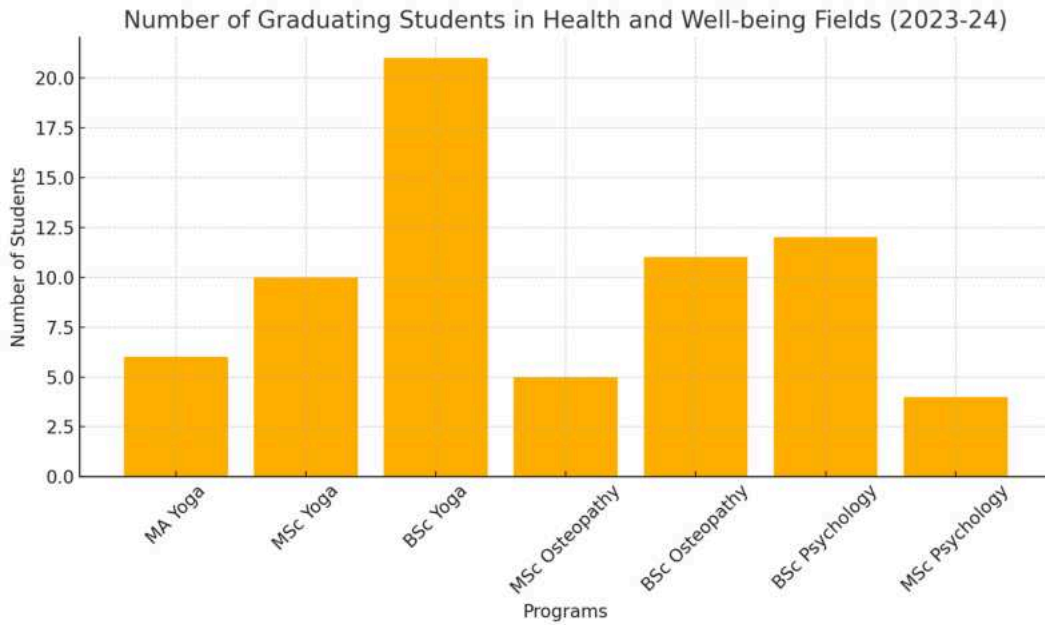
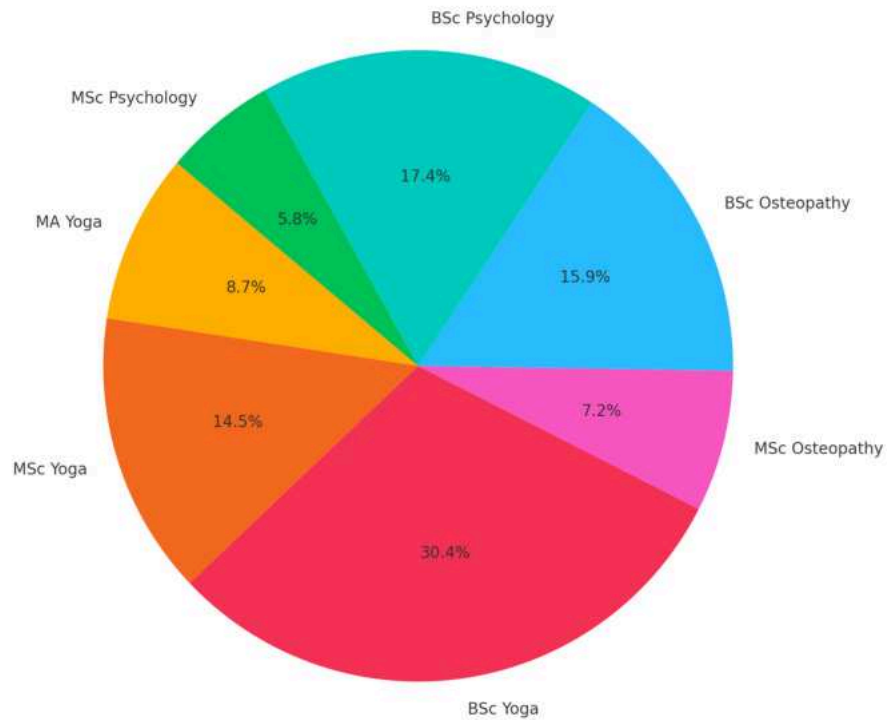


Plate 3: A Pie Chart illustrating the percentage distribution of students in Health and Well-being programs.

Percentage Distribution of Graduating Students in Health and Well-being Fields



Following is an overview of the various Health and Well-being related programs running at SSU:

1. MA in Yoga:

A postgraduate program designed to deepen the understanding of yogic practices and philosophy, integrating traditional wisdom with contemporary health applications. Graduates are prepared for roles in yoga instruction, therapy, and research.



2. MSc in Yoga:

This advanced degree emphasizes evidence-based approaches to yoga therapy and wellness, preparing graduates to address lifestyle-related disorders and promote preventive healthcare through yogic sciences.



3. BSc in Yoga:

An undergraduate program introducing students to foundational concepts of yoga and its therapeutic applications, integrating traditional yogic principles with modern science to improve quality of life and overall well-being.



4. MSc in Osteopathy:

A unique postgraduate program exploring manual therapy techniques, biomechanics, and the integration of osteopathic principles with modern medicine, training graduates to diagnose and treat musculoskeletal disorders and enhance physical mobility.



5. BSc in Osteopathy

This undergraduate program provides a strong foundation in osteopathic science, covering anatomy, physiology, and manual therapy techniques, aiming to develop skilled practitioners who can provide non-invasive, patient-centered care to improve physical health.





6. BSc in Psychology:

An undergraduate course emphasizing the study of human behavior, mental health, and psychological assessment techniques, preparing graduates for roles in counseling, mental health advocacy, and applied psychology.





7. MSc in Psychology:

A postgraduate program focused on advanced psychological theories, research, and applications, preparing students to become mental health professionals specializing in therapy, diagnostics, and mental health promotion.





The infographic is set against a dark red background. At the top, the letters 'FACBS' are written in a large, light-colored, serif font. Below this, a white circular line frames the 'VISION' section. In the center, a stylized figure in a meditative pose is shown in shades of blue and green, with a glowing yellow and orange spiral in its chest. A white circular line frames the 'MISSION' section, which includes a bulleted list. The overall design is clean and professional, with a focus on holistic health and wellness.

To build a critical mass of self-reflective practitioners and researchers through scholarship, rigorous training and field practice in the spirit of interdisciplinarity and global consciousness.

VISION

MISSION

To develop knowledge and competencies in

- Core psychological processes, mental health and well being
- Contemplative studies and spirituality
- Understanding the contexts of engagement (adversity, positive health)
- Research methodology, intervention techniques and interdisciplinary orientation
- Self awareness, personal growth and social contribution

All in all, SSU aligns with Sustainable Development Goal 3 (SDG 3): Good Health and Well-being, offering diverse programs that train professionals in holistic health, preventive healthcare, and mental wellness. The various programs offered at SSU prepare students for careers in yoga instruction, osteopathic therapy, and mental health services, contributing significantly to SDG 3 metrics.