



SRI SRI
UNIVERSITY
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Times Higher Education
Impact Rankings

3.3.3 "SHARED SPORTS FACILITIES SHARE SPORTS FACILITIES WITH THE LOCAL COMMUNITY, FOR INSTANCE WITH LOCAL SCHOOLS OR WITH THE GENERAL PUBLIC."

Sri Sri University (SSU) is committed to promoting physical fitness and well-being through its extensive sports infrastructure and community engagement initiatives.

At SSU, we firmly believe in the timeless adage, "Health is Wealth." Our campus is a harmonious blend of ancient wisdom and modern innovation, with a strong emphasis on fostering physical and mental well-being. Rooted in the transformative teachings of Yoga, we integrate its principles with advanced fitness techniques to nurture a holistic approach to health.

SSU offers a comprehensive range of sports facilities designed to support physical fitness and well-being, catering to both modern and traditional sports. These facilities aim to provide students, staff, and the local community with access to world-class infrastructure, fostering a holistic development approach.

Core Features:

- Infrastructure:
The sports areas are supported by well-maintained amenities, including seating arrangements, lighting for evening practice, and necessary equipment storage.
- Accessibility:
SSU extends its sports amenities to the local community. This initiative includes collaborations with local schools and the general public, providing access to the

university's sports infrastructure.

- Sustainability:

Maintenance of these facilities incorporates eco-friendly practices, aligning with the university's sustainability goals.

Following is an overview of the sports and fitness facilities available at SSU:

1. Gymnasium:

Our state-of-the-art gymnasiums serve as hubs of physical activity and vitality for both students and staff. These fitness centers are equipped with cutting-edge machinery and tools, including back extension machines, barbell rods, bench presses, boxing bags, curl benches, dumbbells for targeted muscle training, exercise cycles, and a wide range of other modern equipment to support diverse workout regimes.

To ensure accessibility and inclusivity, we provide independent gyms within the halls of residence for both boys and girls, offering a private and comfortable fitness environment. Additionally, the boys' hostel is equipped with an open-air gym facility, allowing students to engage in outdoor workouts while enjoying the natural surroundings.

By promoting physical fitness alongside mental well-being, Sri Sri University is dedicated to fostering a culture of health, vitality, and resilience. These initiatives align with the Sustainable Development Goal of "Good Health and Well-Being," ensuring that our university community thrives physically, mentally, and emotionally. **(Plate 1)**

Plate1:



2. Cricket:

The university boasts a dedicated cricket ground with a well-maintained pitch and adequate practice nets. The facility supports both competitive matches and training sessions, fostering talent among budding cricketers. **(Plate 2)**

Plate 2:



The screenshot shows the cricheroes website interface. The top navigation bar includes 'LIVE SCORES', 'NETWORK', 'ADD ONS', 'MORE', 'STORE', 'JOBS', 'CONTACT US', and 'SIGN IN'. Below the navigation bar, there are tabs for 'MEMBERS', 'MATCHES', 'STATS', 'LEADERBOARD', 'PHOTOS', and 'PROFILE'. The main content area displays match results for Sri Sri University across three different tournaments:

Tournament	Match	Sri Sri University Score	Opponent Score	Result	
KURUSAKHETRA 2024 Not Ground, Berhampur, 15-Mar-24, 15 Oc., FINAL	Sri Sri University	127/8 (33.0)	Glet University	130/4 (33.3)	Glet University won by 6 wickets
	Sri Sri University	84/10 (33.2)	CENTURION UNIVERSITY	85/4 (33.2)	Sri Sri University won by 6 wickets
KURUSAKHETRA 2024 Not Ground, Berhampur, 18-Mar-24, 12 Oc., SEMI-FINAL	Sri Sri University	143/1 (32.0)	NIST B	74/7 (32.0)	Sri Sri University won by 69 runs
	Sri Sri University	144/2 (32.0)	PMEC	96/6 (32.0)	Sri Sri University won by 48 runs

The screenshot shows the cricheroes website profile page for Sri Sri University. The top navigation bar is the same as in the previous screenshot. Below the navigation bar, there is a header section with the university's logo 'SS' and the name 'Sri Sri University Bhubneshwar'. Below the header, there are tabs for 'MEMBERS', 'MATCHES', 'STATS', 'LEADERBOARD', 'PHOTOS', and 'PROFILE'. The 'STATS' tab is selected, and the main content area displays the following statistics:

Matches	Upcoming	Won	Lost	Tie	Drawn	NR	Win %	Toss Won	Bat First	Field First
4	0	3	1	0	0	0	75.0%	2	2	0

3. Basketball:

A full-sized basketball court is available for both recreational and competitive purposes. The court is equipped with standard hoops and markings, encouraging students to develop teamwork, agility, and endurance. **(Plate 3)**

Plate 3:



4. Football:

The university offers a spacious football field that meets standard dimensions, providing ample space for both practice and organized matches. This facility is ideal for promoting cardiovascular fitness and team coordination. **(Plate 4)**

Plate 4:





5. Table Tennis:

Indoor table tennis facilities with high-quality tables and equipment are available. The space is ideal for students interested in developing reflexes, focus, and precision. **(Plate 5)**

Plate 5:



6. Badminton:

SSU has well-lit, indoor and outdoor badminton courts with professional-grade flooring and nets, ensuring a safe and enjoyable playing environment. These courts are frequently used for both training and tournaments. **(Plate 6)**

PLate 6:



7. Volleyball:

A dedicated volleyball court supports both casual games and competitive play. The facility provides a platform for fostering team spirit and improving physical fitness. (Plate 7)

Plate 7:



8. Lawn Tennis:

A high-standard lawn tennis court is accessible for training and matches. With a smooth surface and ample space, the court is well-suited for both beginners and experienced players. **(Plate 8)**

Plate 8:



9. Indic Sports:

Acknowledging the cultural significance of traditional Indian sports, the university has a specialized arena for Indic sports like Kabaddi, Kho-Kho, etc. This facility not only supports the preservation of indigenous sports but also promotes physical endurance and strategic thinking. **(Plate 9)**

Plate 9:



10. Yoga:

The campus includes a plenty of high end infrastructural facilities including well-ventilated and well-lit halls, and open air amphitheatres, suitable for Yoga practice sessions. These amenities are available for use among students, staff and faculty members, alike to conduct and attend Yoga classes. Furthermore, being part of the Art of Living community, SSU hosts several programs like Sri Sri Yoga, Sahaj Samadhi Meditation, Youth Leadership Training Programs, etc. within its premises, which involve participants, from local dwellings, nearby communities and far-away areas, thus utilizing the serene Yoga facilities and infrastructure for public use. **(Plate 10)**

Plate 10:



This extensive range of sports infrastructure reflects Sri Sri University's dedication to fostering a culture of active lifestyles, community engagement, and excellence in sports.

A notable event in SSU's sports calendar is the annual week-long sports fest, Collympics. Organized by students under faculty mentorship, Collympics fosters enthusiasm and participation among students, staff, and faculty, enhancing the university's vibrant sports culture.

Through these efforts, Sri Sri University not only promotes health and well-being within its campus but also contributes to the broader community's physical fitness and social cohesion.



